

THE FOOTBALL PERFORMANCE 2026 SUMMIT

TUESDAY
26TH MAY
2026

BLUENERGY
STADIUM
UDINE (ITALY)

Leading experts examine the latest trends in applied performance science and elite football. Where science, methodology, and practice converge at the highest level of the game.

9:00 am REGISTRATION AND WELCOME

9:45 am OPENING CEREMONY

10:00 am **CONTEXT IS KING: WHEN INTERPRETING
PREMIER LEAGUE DEMANDS**



PAUL BRADLEY
Football Science Consultant

11:00 am **FRAMING RETURN-TO-SPORT AND
LOOKING TOWARDS PERFORMANCE**



MATTHEW TABERNER
Visiting Research Fellow

12:00 pm **WORKSHOP VALD**

12:30 pm **MICRODOSING, NEURAL PRIMING
AND READINESS TESTING**



BRAM SWINNEN
Performance & Rehab Specialist

1:30 pm LUNCH

2:30 pm **WORKSHOP SOCCER SYSTEM PRO**

3:00 pm **MONITORING THE SPECIFIC TRAINING
LOAD IN FOOTBALL**



ISMAEL CAMENFORTE
Strength and Conditioning Coach

4:00 pm **ENHANCING ELITE SOCCER PERFORMANCE
DURING THE COMPETITIVE PERIOD**



GIAMPIERO ASCENZI
Head of Performance ACF Fiorentina

5:00 pm **WORKSHOP CATAPULT**

5:30 pm **INTEGRAL PERIODISATION.
A HOLISTIC APPROACH
FOR MODERN SOCCER.
FROM GYM TO THE FIELD**



MIGUEL ÁNGEL CAMPOS
Head of Performance Bayer Leverkusen



JOSÉ JIMÉNEZ
Head of Strength and Conditioning
Bayer Leverkusen

6:30 pm CLOSING REMARKS



Director of the Summit
JORDI GARCIA
Head of Performance
Udinese Calcio

GET TICKETS AT
TICKETONE.IT

EARLY BIRDS 150€ (Until March 31)
GENERAL SALE 200€
ALL INFO WWW.UDINESE.IT
PERFORMANCESSUMMIT@UDINESESPA.IT



UDINESE CALCIO
PERFORMANCE DEPARTMENT

infront

VALD

CATAPULT

